# CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP **WORKERS' COMPENSATION MEDICAL PANELS**

## CONTRA COSTA COMMUNITY COLLEGE DISTRICT

500 Court Street, Martinez, CA 94553 Call your W/C Coordinator/Contact Person at (925) 229-6430

## WHAT TO DO IF YOU ARE **INJURED AT WORK:**

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code CSIG. A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physician form is on record. with the Site/District office.

## KAISER PERMANENTE — DEER VALLEY

4501 Sand Creek Road, Antioch, CA 94531 (925) 813-3745

3140 Balfour Road, Suite C, Brentwood, CA 94513 (925) 626-3801

#### **CONCENTRA**

1855 Gateway Boulevard, Suite 100, Concord, CA 94520 (925) 685-7744)

## KAISER MARTINEZ OCCUPATIONAL HEALTH

200 Muir Road, Hacienda Bldg., Martinez, CA 94553 (925) 313-0301

## KAISER RICHMOND OCCUPATIONAL HEALTH

901 Nevin Avenue, Richmond, CA 94801 (510) 307-1560

#### KAISER PARK SHADELANDS OCCUPATIONAL HEALTH

320 Lennon Lane, Lassen Bldg., Walnut Creek, CA 94598 (925) 906-2060

## SUTTER DELTA MEDICAL CENTER (Emergencies or After Hours Only)

3901 Lone Tree Way, Antioch, CA 94509 (925) 779-7200

## JOHN MUIR URGENT CARE, BRENTWOOD (Emergencies or After Hours Only)

2400 Balfour Road, Suite 120, Brentwood, CA 94513 (925) 308-8111

## SAN RAMON REGIONAL MEDICAL CENTER (Emergencies or After Hours Only)

6001 Norris Canyon Road, San Ramon, CA 94583 (925) 275-6158

## KAISER MEDICAL CENTER (Emergencies or After 5:00 PM)

1425 S. Main Street, Walnut Creek, CA 94596 (925) 295-5100

## STANFORD OCCUPATIONAL HEALTH SERVICES (Hours: Mon-Fri - 8am - 5pm)

For additional information on work related injuries visit the Contra Costa

4000 Dublin Boulevard, Suite 150, Dublin, CA 94568 (925) 416-3562

## STANFORD URGENT CARE (Hours: Daily - 10am - 8pm)

4000 Dublin Boulevard, Suite 150, Dublin, CA 94568 (925) 479-3773

## STANFORD URGENT CARE (Hours: Daily - 10am - 8pm)

1133 E. Stanley Boulevard, Livermore CA 94550 (925) 373-4018

## STANFORD EMEGENCY DEPARTMENT (24-Hour Emergency Care)

5555 W. Las Positas Boulevard, Pleasanton, CA 94588 (925) 416-3418

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